Dates: November to April

Individual Costs: Approx. $580. This includes food, lodging, in-country transportation, translators, and travel/health insurance. This is an estimated cost and does not include international flights, and is based on a team of 10 people for 10 days in country.

Project Costs: $8,300. This includes all materials, required tools and labor costs for construction workers. This is a shared cost between all team members.

Project Description: Partner with LHM—Vietnam to build a bridge for the villagers in Thuan My Ward, Chau Thanh district, Long An Province, which is located in the South of Vietnam. The bridge will be approximately eight feet wide and ninety feet long. The team will work alongside local builders to complete the bridge. The bridge will provide the villagers easier access to go to market as well as provide access for LHM—Vietnam to visit with the community by reaching out to the residents through music performances, puppet shows and distributing LHM booklets and music CD’s.

Project Location: Thuan My is a remote village in Chau Thanh district, Long An Province. This is a difficult location for people to do their farming as the soil is affected by both sea water and fresh river water. They cannot grow any types of fruit to make a living. They get fresh water from the river for six months but have to deal with sea water the other six months.

The Socialist Republic of Vietnam, a communist country in Southeast Asia, is situated in eastern Indochina—bordering China, Laos, Cambodia, and the South China Sea. It is the most populous country among the mainland Southeast Asian countries. Only about eight percent of Vietnam’s population claims Christianity, but a growing, witnessing Christian church is emerging from years of persecution. Since reunification in 1975, a turning to God is taking place in both registered and unregistered churches, especially among the mountain tribal peoples of central and southern Vietnam.
Sample Itinerary
Day 1. Arrive in Ho Chi Minh City and rest
Day 3. Workday
Day 4. Workday
Day 5. Workday
Day 6. Workday
Day 7. Workday
Day 8. Workday
Day 9. Worship and sightseeing
Day 10. Depart for US

A detailed itinerary will be customized and provided to you by LHM according to your travel days and team size.

Entry Documentation
• U.S. Passport must be valid 6 months beyond arrival date
• Visa is required for entry into Vietnam.

Travel Documentation
• U.S. Passport must be valid 6 months beyond arrival date
• Visa is required-team is responsible for obtaining their visas. Fees for visa will be approximately $95.
• Visa Application Forms, fully completed and signed
• Passport-type photographs required
• Documentation for return or onward travel

Visit the Embassy of Vietnam’s web site at www.vietnamembassy-usa.org for the most current visa information and fees.

Embassy of Vietnam
1233 20th St NW, Suite 400
Washington, DC 20036
Tel. 202.861.0737
Fax 202.861.0917
info@vietnamembassy.us
consular@vietnamembassy.us

Sightseeing
The team will be offered sightseeing at the War Remnants Museum, Reunification Palace and Ben Thanh Market. Arrangements can be made to visit a fruitful plantation as well. There are additional costs for sightseeing not included in the individual budget of approximately $30/person which includes transportation and lunch.

Travel Insurance
Medical Evacuation insurance for all team members is mandatory. LHM provides insurance from AIG at the cost of $3.30 a day. We will provide you with an insurance card and a contact number in cases of extreme emergency – i.e. something that requires evacuation. The person you talk with will advise you on what to do in those circumstances. For all other claims please pay any bills that you incur and make a claim directly to the insurance company upon your return.
**Lodging and Meals**
Based on availability, accommodations will be made at Long An Convention Center in Vinh Long. Breakfast is included at this hotel. Lunch will be at the worksite with dinner at local restaurants near the hotel.

**Budget**
Sample budget based on 10 people for 10 days in country:

<table>
<thead>
<tr>
<th>Individual Costs</th>
<th>Double occupancy</th>
<th>Single occupancy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Travel Insurance</td>
<td>$3.30 per person per day, including travel days</td>
<td>$39.60</td>
</tr>
<tr>
<td>Lodging - includes breakfast</td>
<td>$20/person/night x 9 nights, <strong>double occupancy</strong></td>
<td>$180.00</td>
</tr>
<tr>
<td></td>
<td>$23/person/night x 9 nights, <strong>single occupancy</strong></td>
<td>$207.00</td>
</tr>
<tr>
<td>Food- lunch &amp; dinner</td>
<td>$18/day average x 10 days</td>
<td>$180.00</td>
</tr>
<tr>
<td>Transportation (include airport)</td>
<td>$10/day x 10 days</td>
<td>$100.00</td>
</tr>
<tr>
<td>Bottled Water</td>
<td>$5/day x10 days</td>
<td>$50.00</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>Double occupancy</strong></td>
<td><strong>Single occupancy</strong></td>
</tr>
<tr>
<td></td>
<td>$549.60</td>
<td>$576.60</td>
</tr>
</tbody>
</table>

You must also budget for your international flights, visa, vaccinations, miscellaneous cost with sightseeing and souvenirs. An airport tax should be included with your flight costs. Be sure to check this when booking your flights.

The budget is an estimate and your team may choose to eat more or less expensive, which will alter your budget. We generally over-budget as much as possible so you do not run short of funds; it never hurts to have some extra funds available. It would also be wise to carry a small amount of additional contingency funds for any medical emergencies that may occur or unexpected costs.

**Project Costs**
Project costs are $8,300.00 which covers all the materials, required tools, and labor costs for the local construction workers for the construction of the houses. These costs are a shared cost from all team members.

The timeline for payment of both Project Costs and Individual Costs will be provided once specific travel dates are determined. Project Costs must be paid 6 weeks prior to departure and Individual Costs must be paid 2 to 3 weeks prior to departure. In some cases, if LHM needs to make hotel or transport reservations, we may ask for partial payments to be made on a different timeline.
**Vaccine-Preventable Diseases**

Vaccine recommendations are based on the best available risk information. Please note that the level of risk for vaccine-preventable diseases can change at any time.

<table>
<thead>
<tr>
<th>Vaccination or Disease</th>
<th>Recommendations or Requirements for Vaccine-Preventable Diseases</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Routine</strong></td>
<td>Recommended if you are not up-to-date with routine shots, such as measles/mumps/rubella (MMR) vaccine, diphtheria/pertussis/tetanus (DPT) vaccine, poliovirus vaccine, etc.</td>
</tr>
<tr>
<td><strong>Hepatitis A or immune globulin (IG)</strong></td>
<td>Recommended for all unvaccinated people traveling to or working in countries with an intermediate or high level of hepatitis A virus infection (<a href="#">see map</a>) where exposure might occur through food or water. Cases of travel-related hepatitis A can also occur in travelers to developing countries with &quot;standard&quot; tourist itineraries, accommodations, and food consumption behaviors.</td>
</tr>
<tr>
<td><strong>Hepatitis B</strong></td>
<td>Recommended for all unvaccinated persons traveling to or working in countries with intermediate to high levels of endemic HBV transmission (<a href="#">see map</a>), especially those who might be exposed to blood or body fluids, have sexual contact with the local population, or be exposed through medical treatment (e.g., for an accident).</td>
</tr>
<tr>
<td><strong>Typhoid</strong></td>
<td>Recommended for all unvaccinated people traveling to or working in Southeast Asia, especially if staying with friends or relatives or visiting smaller cities, villages, or rural areas where exposure might occur through food or water.</td>
</tr>
<tr>
<td><strong>Japanese encephalitis</strong></td>
<td>Recommended if you plan to visit rural farming areas and under special circumstances, such as a known outbreak of Japanese encephalitis, see <a href="#">country-specific information</a>.</td>
</tr>
<tr>
<td><strong>Rabies</strong></td>
<td>Recommended for travelers spending a lot of time outdoors, especially in rural areas, involved in activities such as bicycling, camping, or hiking. Also recommended for travelers with significant occupational risks (such as veterinarians), for long-term travelers and expatriates living in areas with a significant risk of exposure, and for travelers involved in any activities that might bring them into direct contact with bats, carnivores, and other mammals. Children are considered at higher risk because they tend to play with animals, may receive more severe bites, or may not report bites.</td>
</tr>
</tbody>
</table>

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**Malaria**

**Areas of Vietnam with Malaria:** Rural only, except none in the Red River Delta and the coast north of Nha Trang. Rare cases in the Mekong Delta. None in Da Nang, Haiphong, Hanoi, Ho Chi Minh City (Saigon), Nha Trang, and Qui Nhon. ([more information](#)).

If you will be visiting an area of Vietnam with malaria, you will need to discuss with your doctor the best ways for you to avoid getting sick with malaria. Ways to prevent malaria include the following:

- Taking a prescription antimalarial drug
- Using insect repellent and wearing long pants and sleeves to prevent mosquito bites
- Sleeping in air-conditioned or well-screened rooms or using bednets

It is particularly important when traveling to Vietnam that you have detailed information of where you are going within this country because malaria prevention recommendations vary depending on where you go within the country.

Some areas of Vietnam have resistance to certain antimalarial drugs. There are also some areas where the risk of malaria is low, and taking an antimalarial drug is not recommended. See the [malaria information listed by country](#) to find out the best way for you to prevent malaria for the area you plan to visit in Vietnam. For detailed information about each of these drugs, see Table 3-11: Drugs used in the prophylaxis of malaria. For information that can help you and your doctor decide which of these drugs would be best for you, please see [Choosing a Drug to Prevent Malaria](#).

To find out more information on malaria throughout the world, you can use the [interactive CDC malaria map](#). You can search or browse countries, cities, and place names for more specific malaria risk information and the recommended prevention medicines for that area.
This information is based on current information from CDC and often depends on where the team travels in Vietnam. Always consult with your doctor regarding vaccinations, as Lutheran Hour Ministries cannot be held liable for any recommendations made.

Please visit [http://www.cdc.gov/travel](http://www.cdc.gov/travel) for the most current information on travel immunizations.

**Training Manuals and Travel Forms**
Team training manuals are provided to each team member and contain required travel forms for each team member to fill out and return to LHM. Please note; some forms will need to be notarized.

Mail forms to: Lutheran Hour Ministries
Attn. Chris Myers
660 Mason Ridge Center Drive
St. Louis, MO 63141
Electricity
In Vietnam, the voltage is 127/220v and the frequency is 50 Hz for Type A, C and G electrical receptacle.
For more information on electricity, please visit http://kropla.com/electric2.htm

Type A Electrical Receptacle

Information on the Type A North American/Japanese 2-blade Electrical Adapter Plug and Electrical Outlet

The Type A electrical plug, or flat blade attachment plug, uses two flat parallel pins or blades. It is found in most of North America and on the east coast of South America on smaller devices that do not require a ground connection.

Type C Electrical Receptacle

Information on the Type C European 2-pin Electrical Adapter Plug and Electrical Outlet

Popularity known as the Europlug, the Type C electrical plug is a two-pin unearthed plug used throughout continental Europe, parts of the Middle East, and much of Africa, South America, central Asia, and the former Soviet republics.

Type G Electrical Receptacle

Information on the Type G British 3-pin Electrical Adapter Plug and Electrical Outlet

The Type G electrical plug is a British three-pin rectangular blade plug that has a protective fuse inside to protect cords from high-current circuits. Type G outlets generally include safety switches.
LHM Ministry Center

Lutheran Hour Ministries (LHM)—Vietnam works with existing government-recognized congregations and organizations to assist in outreach in this country, where atheism is the "semiofficial" religion. Government regulations prohibit any religious activities outside the church; therefore, LHM—Vietnam cooperates with local congregations to spread the Gospel through programs such as Bible Correspondence Courses (BCC), puppet shows, videos, and musical performances.

Since all television and radio stations belong to the Vietnamese government, LHM—Vietnam cannot broadcast Christian messages through the media. The ministry center meets this challenge by showing LHM produced animated cartoons to young audiences inside local churches. Residents in remote areas, especially children, do not have access to televisions, making LHM—Vietnam's video projection a popular event. Children and adults take delight in watching the LHM-Vietnam puppet shows. The team performs plays such as "The Lost Son" to teach about the love, forgiveness, and salvation of Jesus Christ. Many audiences are so inspired after watching the puppet shows that they vow to trust in Jesus Christ as their Savior.

With such strict government regulations inviting youth to the church to listen to the Gospel is not easy. Therefore, LHM—Vietnam creatively attracts youngsters with its evangelistic music show performed by a Christian musical team. LHM—Vietnam's Equipping The Saints (ETS) program trains lay persons to nurture the spiritual life of individuals referred to LHM. Most of the local congregations lack the materials as well as the means to train their congregational workers, so ETS is highly appreciated in the community.

Contact Information
Mr. Dinh Hai Au
Ho Chi Minh City, Vietnam

**Director:** Mr. Dinh Hai Au
**Email:** goinghome@globalinks.com.vn

Through authentic cross-cultural experiences, you will have the opportunity to share the message of Christ’s love.
If you are interested in touching lives please call
Chris Myers @ 314-317-4268 or email christine.myers@lhm.org

![Lutheran Hour Ministries Logo](https://lhmonline.org)