



RUSSIA

Vyborg Children's Summer Camp/English Language Classes

Dates: June 21-July 1, 2012

Individual Cost: Approx. \$960. This includes food, lodging, in-country transportation, translators, and travel/health insurance. This is an estimated cost and does not include visas or international flights, and is based on a team of 8 people for 11 days in country.

Project Cost: \$2,800. This includes all learning materials for the students, hall rental, meals and transportation for the participants. This is a shared cost between team members.



Project Description

Many people in Russia are eager to learn English as it leads to more job opportunities and provides a unique evangelism opportunity for the Lutheran churches as well as Lutheran Hour Ministries (LHM) Russia. LHM-Russia is partnering with the Evangelical Lutheran Parish in the town of Vyborg. Volunteers will teach English to about 30 children and 10-15 parents, using various media in addition to the Bible study time. In the evenings, English can be reinforced through various outside activities such as volleyball, soccer and games.

Project Location

Russia is a vast and diverse nation that continues to evolve politically, economically and socially. The Russian Federation is a vast country that covers twice the area of the US and has 11 time zones covering more than 2.5 million square miles. Russia has a population of 140 million people that is made up of 100 different nationalities and languages. But with a population density of about 22 persons per square mile (9 per sq. km.), it is sparsely populated, and most of its residents live in urban areas. Russian is the official language, although English is widely spoken by younger people as well as some educated older people.

Vyborg is one of the biggest and the most beautiful towns of Leningrad region. It is situated in the north-western part of the Isthmus of Karelia, on the shore of the Gulf of Finland, 130 km from Saint Petersburg. The main part of the town occupies a peninsula which is cut by deep bays, the rest is on several small islands. The landscape is very rough; the highest point of the town (at 33m above the sea level) is on Batareynaya Gora (Battery Hill). Vyborg attracts many tourists by its scenic surroundings, remarkable architectural monuments, including, among others, remaining old fortifications closely related to many centuries of the town's history.

LHM International Volunteer Trips provide the opportunity to learn through authentic cross-cultural experiences and have the opportunity to share the love of Jesus. If you are interested in touching lives, please call Chris Myers at 314-317-4268 or 1-800-944-3450, ext. 4268; or by email christine.myers@lhm.org.

Sample Itinerary

- Day 1. Arrival in St. Petersburg and rest
- Day 2. Orientation, sightseeing
- Day 3. Sightseeing and visit ministry partners in St. Petersburg
- Day 4. Worship and travel to project site (Vyborg Lutheran Church)
- Day 5. Workday
- Day 6. Workday
- Day 7. Workday
- Day 8. Workday
- Day 9. Workday
- Day 10 Travel to St. Petersburg and sightseeing
- Day 11. Departure for home

A detailed itinerary will be customized and provided to you by LHM according to your travel days and team size.



Entry Documentation

- U.S. Passport must be valid 6 months after the date of departure from Russia.
- Letter of Invitation – provided by LHM – Russia office
- Visa application forms, completed and signed. **You cannot obtain a visa upon arrival, so you must apply for your visa well in advance. Visa fee is approximately \$195.**

Embassy of Russia

2650 Wisconsin Ave.

Washington, D.C. 20007

Phone: (202) 298-5700

Fax: (202) 298-5735

Email: russianembassy@mindspring.com

Website: www.russianembassy.org

Jurisdiction: Delaware, District of Columbia, Florida, Georgia, Illinois, Indiana, Kentucky, Maryland, Michigan, Ohio, North Carolina, Tennessee, South Carolina, Virginia and West Virginia, Puerto Rico.

Please visit the Embassy of Russia website for the most current visa information.

Sightseeing

The team will visit many different sites which include The Center of St. Petersburg, Hermitage, Isaac Cathedral, Peter and Paul Fortress and the old castle in Vyborg. This is a separate cost not included in the individual budget.

Insurance Coverage

Medical evacuation for all team members is mandatory and LHM provide insurance from AIG at the cost of \$3.30 a day.

We will provide you with an insurance card with a policy number on it and a contact number in cases of extreme emergency – i.e. something that requires evacuation. The person you talk with will advise you on what to do in those circumstances. For all other claims please pay any bills that you incur and make a claim directly to the insurance company when you return.

Lodging and Meals

Based on availability, accommodations can be made at Nevsky Grand Hotel www.nevskygrandhotel.com or The Sky Hotel www.skyhotel.ru. (Information in English is available). Meals in St. Petersburg will be at local restaurants, in Vyborg, meals will be available at the church.

Budget

Sample budget based on 8 people for 11 days:

Individual Costs		
Travel Insurance	\$3.30 per person per day, including travel days	\$42.90
Lodging	\$60/night x 4 nights in St. Petersburg \$50/night x 6 nights in Vyborg	\$240.00 \$300.00
Food- lunch & dinner	\$25/day average for 4 days in St. Petersburg \$18/day average for 6 days in Vyborg	\$100.00 \$108.00
Transportation (include airport)	Transfer-airport to St. Petersburg and back Transfer-St. Petersburg to Vyborg and back	\$18.75 \$17.50
Translator	3 translators @ \$20/day divided by 8 people	\$75.00
Bottled Water	\$5 per day	\$55.00
Total		\$957.15

You must also budget for your international flights, visa at a cost of \$200, miscellaneous cost with sightseeing and souvenirs. An airport tax should be included with your flight costs. Be sure to check this when booking your flights.

The budget is an estimate and your team may choose to eat more or less expensive, which would affect your budget. We generally over-budget as much as possible so you do not run short of funds; it never hurts to have some extra funds available. It would also be wise to carry a small amount of additional contingency funds for any medical emergencies that may occur or unexpected costs.

Project Costs

Project costs are \$2,800 which covers all the materials learning materials for the students, hall rental for classes, meals and transportation for the students. These costs are a shared cost from all the team members. The timeline for payment of both Project Costs and Individual Costs will be provided once specific travel dates are determined. Project Costs must be paid 4 weeks prior to departure and Individual Costs must be paid 2 weeks prior to departure. In some cases, if LHM needs to make hotel or transport reservations, we may ask for partial payments to be made on a different timeline.

Vaccine-Preventable Diseases

Vaccine recommendations are based on the best available risk information. Please note that the level of risk for vaccine-preventable diseases can change at any time.

Vaccination or Disease	Recommendations or Requirements for Vaccine-Preventable Diseases
Routine	Recommended if you are not up-to-date with routine shots, such as measles/mumps/rubella (MMR) vaccine, diphtheria/pertussis/tetanus (DPT) vaccine, poliovirus vaccine, etc.
Hepatitis A or immune globulin (IG)	Recommended for all unvaccinated people traveling to or working in countries with an intermediate or high level of hepatitis A virus infection (see map) where exposure might occur through food or water. Cases of travel-related hepatitis A can also occur in travelers to developing countries with "standard" tourist itineraries, accommodations, and food consumption behaviors.
Hepatitis B	Recommended for all unvaccinated persons traveling to or working in countries with intermediate to high levels of endemic HBV transmission (see map), especially those who might be exposed to blood or body fluids, have sexual contact with the local population, or be exposed through medical treatment (e.g., for an accident).
Polio	Recommended for adult travelers who have received a primary series with either inactivated poliovirus vaccine (IPV) or oral polio vaccine (OPV). They should receive another dose of IPV before departure. For adults, available data do not indicate the need for more than a single lifetime booster dose with IPV.

Japanese encephalitis	Recommended to consider if you travel to certain areas in the Far East.
Rabies	Recommended for travelers spending a lot of time outdoors, especially in rural areas, involved in activities such as bicycling, camping, or hiking. Also recommended for travelers with significant occupational risks (such as veterinarians), for long-term travelers and expatriates living in areas with a significant risk of exposure, and for travelers involved in any activities that might bring them into direct contact with bats, carnivores, and other mammals. Children are considered at higher risk because they tend to play with animals, may receive more severe bites, or may not report bites.

Items to Bring With You

Medicines you may need:

- **The prescription medicines you take every day.** Make sure you have enough to last during your trip. Keep them in their original prescription bottles and always in your carry-on luggage. Be sure to follow security guidelines, if the medicines are liquids.
- **Medicine for diarrhea**, usually over-the-counter.

Note: Some drugs available by prescription in the US are illegal in other countries. Check the US Department of State [Consular Information Sheets](#) for the country(s) you intend to visit or the embassy or consulate for that country(s). If your medication is not allowed in the country you will be visiting, ask your health-care provider to write a letter on office stationery stating the medication has been prescribed for you.

This information is based on current information from CDC and often depends on where the team travels in Russia. Always consult with your doctor regarding vaccinations, as Lutheran Hour Ministries cannot be held liable for any recommendations made.

<http://www.cdc.gov/travel>

Forms

*Please return all required forms to LHM St. Louis.
Lutheran Hour Ministries
660 Mason Ridge Center Drive
St. Louis, MO 63141*

LHM Ministry Center-Russia

After years of suppression during the communist era, religion is once again a key element in both public and spiritual life in Russia. Lutheran Hour Ministries (LHM) – Russia has been spreading the Gospel in word and deed since 1993. The central task of LHM – Russia has been the creation and broadcasting of original television and radio programs that combine the Gospel with Russian history and culture in order to reach its diverse audience.

In late 2007, LHM – Russia initiated a reorganization process to use new and emerging technologies. A refreshed approach to ministry now involves an active correspondence with respondents to programs. The office broadcasts Gospel-centered radio programs that reach out to you in schools and orphanages, and conducts Equipping the Saints (ETS) seminars for local congregations. The programs lead participants to enroll in the Bible Correspondence Courses (BCC). These courses create an on-going dialogue based on personal needs and environment which assists LHM – Russia representatives to send appropriate follow-up material and refer individuals to meet with local pastors, lay leaders or volunteers. BCC have touched thousands of prisoners through a very active prison ministry sponsored by LHM – Russia, which is highly valued by the State Ministry of Justice.

Contact Information:

Dr. Igor Savich
Concordia Foundation
St. Petersburg
Russia

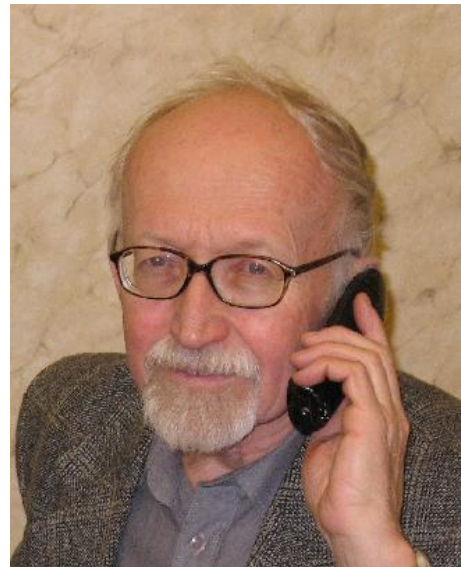
Director: Dr. Igor Savich

Phone: 7 812 328 36 35

E-mail: concordiaspb@gmail.com

Ministry Established: 1993

Skype: igor.savich



Through authentic cross-cultural experiences, you will have the opportunity to share the message of Christ's love.

If you are interested in touching lives please call

Chris Myers @ 314-317-4268 or email christine.myers@lhm.org