



NICARAGUA

Rancho Reconstruction

El Pastal

Dates: March 17-24, 2012

Individual Cost: Approx. \$700. This includes food, lodging, in-country transportation, and travel/health insurance. This is an estimated cost and does not include international flights, and is based on a team of 10 people for 7 days in country.

Project Costs: \$5,000. This includes all materials, required tools and professional builder cost. This is a shared cost between team members.



Reconstruction Project

The Lutheran Hour Ministry (LHM) - Nicaragua – Cristo Para Todas Las Naciones (CPTLN) or Christ for All Nations, shares word of comfort and hope in Christ with people who have been battered by national disasters, endured difficult economic circumstances and currently have a high unemployment problem. Providing a message of hope with people in these times allows the spread of the Gospel in Nicaragua.

A “rancho” is a structure that (LHM)- Nicaragua uses for various outreach activities. The rancho is also used by a local church who offers worship services for the people in the area. The team will also be involved in other ministry opportunities associated with Project JOEL, which is a youth centered outreach program, and touring some rural districts to see the work that LHM-Nicaragua is doing in this country, and have contact with the citizens from these communities.

Project Location

Nicaragua is located in Central America with Honduras to the north and Costa Rica to the south. Coastlines run on the east to the Caribbean Sea and to the west to the Pacific Ocean. The climate is hot and humid, with the “summer” dry season running from mid-November to mid-May and the “winter” rainy season from mid-May to mid-November. The countryside ranges from hills and volcanoes to beaches and tropical jungles. El Pastal is located in a rural area of Nicaragua approximately 10 miles from the city of Leon, a colonial type town, where LHM-Nicaragua is located.

LHM International Volunteer Trips provide the opportunity to learn through authentic cross-cultural experiences and have the opportunity to share the love of Jesus. If you are interested in touching lives, please call Chris Myers at 314-317-4268 or 1-800-944-3450, ext. 4268; or by email christine.myers@lhm.org.

Sample Itinerary

- Day 1. Arrival and rest.
- Day 2. Orientation, visit project site and planning
- Day 3. Worship, free time and sightseeing
- Day 4. Workday
- Day 5. Workday
- Day 6. Workday
- Day 7. Workday
- Day 8. Departure

A detailed itinerary will be customized and provided to you by LHM according to your travel days and team size.

Entry Documentation

- U.S. Passport must be valid 6 months beyond arrival date
- \$10 Tourist card to be purchased upon arrival
- Tickets and Documents for return or onward travel
- No visa is required for entry

Embassy of Nicaragua

1627 New Hampshire Avenue NW

Washington, DC 20009

Phone: (202) 939-6570

Fax: (202) 939-6542

Email: ACSManagua@state.gov

Website: www.nicaraguaembassy.gov

Jurisdiction: California, Florida, Louisiana, New York, Texas

Please visit the Embassy of Nicaragua website for the most current visa information.

Sightseeing

The team will visit different sights which include a variety of volcanoes and big lakes in the area. The colonial town of Leon has many sights to see that the Spanish settlers built dating back to 1550. This is a separate cost not included in the individual budget.

Travel Insurance

Medical Evacuation for all team members is mandatory and LHM provides insurance from AIG at the cost of \$3.30 a day. We will provide you with an insurance card with a policy number and a contact phone number in cases of extreme emergency – (i.e. something that requires evacuation.) For all other claims please pay any bills that you incur and make a claim directly to the insurance company when you return.

Lodging and Meals

Based on availability, accommodations can be made at Hotel Convento www.hotelesconvento.com or Laper La Leon www.laperlaleon.com . Meals will be available to purchase at a choice of local restaurants.



Budget

Sample budget based on 10 people for 7 days

| Individual Costs | | |
|----------------------------------|--|----------|
| Travel Insurance | \$3.30 per person per day, including travel days | \$26.40 |
| Lodging | \$47 for 7 nights per person | \$332.50 |
| Food- lunch & dinner | \$30/day average for 7 days | \$210.00 |
| Transportation (include airport) | \$9.25 per day x 8 days/10 people | \$74.00 |
| Translators | \$30/day x 7 days/10 people | \$21.00 |
| Bottled Water | \$5 per day | \$35.00 |
| Total | | \$698.90 |

You must also budget for your international flights, miscellaneous cost with sightseeing and souvenirs. An airport tax should be included with your flight costs. Be sure to check this when booking your flights.

The budget is an estimate and your team may choose to eat more or less expensive, which would affect your budget. We generally over-budget as much as possible so you do not run short of funds, but it never hurts to have some extra funds available. It would also be wise to carry a small amount of additional contingency funds for any medical emergencies that may occur or unexpected costs.

Project Costs

Project costs are \$5,000.00. This includes all materials, required tools and professional builder cost. This is a shared cost between team members. The timeline for payment of both Project Costs and Individual Costs will be provided once specific travel dates are determined. Project Costs must be paid 4-6 weeks prior to departure and Individual Costs must be paid 2-3 weeks prior to departure. In some cases, if LHM needs to make hotel or transport reservations, we may ask for partial payments to be made on a different timeline.

Vaccine-Preventable Diseases

Vaccine recommendations are based on the best available risk information. Please note that the level of risk for vaccine-preventable diseases can change at any time.

| Vaccination or Disease | Recommendations or Requirements for Vaccine-Preventable Diseases |
|---|---|
| Routine | Recommended if you are not up-to-date with routine shots, such as measles/mumps/rubella (MMR) vaccine, diphtheria/pertussis/tetanus (DPT) vaccine, poliovirus vaccine, etc. |
| Hepatitis A or immune globulin (IG) | Recommended for all unvaccinated people traveling to or working in countries with an intermediate or high level of hepatitis A virus infection (see map) where exposure might occur through food or water. Cases of travel-related hepatitis A can also occur in travelers to developing countries with "standard" tourist itineraries, accommodations, and food consumption behaviors. |
| Hepatitis B | Recommended for all unvaccinated persons traveling to or working in countries with intermediate to high levels of endemic HBV transmission (see map), especially those who might be exposed to blood or body fluids, have sexual contact with the local population, or be exposed through medical treatment (e.g., for an accident). |
| Typhoid | Recommended for all unvaccinated people traveling to or working in Mexico and Central America, especially if staying with friends or relatives or visiting smaller cities, villages, or rural areas where exposure might occur through food or water. |

[Rabies](#)

Recommended for travelers spending a lot of time outdoors, especially in rural areas, involved in activities such as bicycling, camping, or hiking. Also recommended for travelers with significant occupational risks (such as veterinarians), for long-term travelers and expatriates living in areas with a significant risk of exposure, and for travelers involved in any activities that might bring them into direct contact with bats, carnivores, and other mammals. Children are considered at higher risk because they tend to play with animals, may receive more severe bites, or may not report bites.

Malaria

Areas of Nicaragua with Malaria: Present in districts of Chinandega, Leon, Managua, Matagalpa, Región Autónoma Atlántico Norte (RAAN), and Región Autónoma Atlántico Sur (RAAS). ([more information](#))

If you will be visiting an area of Nicaragua with malaria, you will need to discuss with your doctor the best ways for you to avoid getting sick with malaria. Ways to prevent malaria include the following:

- Taking a prescription antimalarial drug
- Using insect repellent and wearing long pants and sleeves to prevent mosquito bites
- Sleeping in air-conditioned or well-screened rooms or using bednets

Primaquine is a good option for an antimalarial drug (only after G6PD testing) in Nicaragua. Atovaquone-proguanil, chloroquine, doxycycline, or mefloquine can also be used instead. For detailed information about each of these drugs, see [Table 3-11: Drugs used in the prophylaxis of malaria](#). For information that can help you and your doctor decide which of these drugs would be best for you, please see [Choosing a Drug to Prevent Malaria](#).

To find out more information on malaria throughout the world, you can use the [interactive CDC malaria map](#). You can search or browse countries, cities, and place names for more specific malaria risk information and the recommended prevention medicines for that area.

This information is based on current information from CDC and often depends on where the team travels in Nicaragua. Always consult with your doctor regarding vaccinations, as Lutheran Hour Ministries cannot be held liable for any recommendations made.

<http://www.cdc.gov/travel>

Forms

Please return all required forms to LHM St. Louis if you have not already done so.

LHM Ministry Center

Though young, Lutheran Hour Ministries (LHM) —Nicaragua has made significant progress in using outreach programs to connect with people on a personal basis. Locally known as **Cristo Para Todas Las Naciones (Christ for all Nations or CPTLN)**, this ministry center has invested itself in the **Project JOEL** ministry, and put their own spin on the **Bible Correspondence Courses (BCC)**. The majority of the Nicaraguan population is categorized as "youth," making **Project JOEL** a valuable tool in reaching the public. LHM—Nicaragua staff and volunteers visit schools, and other outreach arenas to talk to young people about life situations. **Project JOEL** provides Nicaraguan youth with guidance on how to approach choices in life through a biblical perspective.

Another top ministry of LHM—Nicaragua is the personalized program of LHM's **Bible Correspondence Courses**. Many countries use the mail system to provide people with Bible lessons that are completed independently. Instead, LHM—Nicaragua sends volunteers to give interactive lessons to participants. These volunteers are able to answer any questions people have concerning the lessons, and tailor the discussions to the specific needs of **BCC** students. LHM—Nicaragua has multiple offices within the country. The original office is located in Chinandega, while a more recent office was opened in León. Furthermore, LHM—Nicaragua has plans to open an office in Managua. Having several offices in the larger cities of Nicaragua helps LHM reach the most people possible.

Contact Information

Cristo Para Todas Las Naciones (CPTLN)
Parque de los Poetas 2. ½ C. al Norte.
Apartado Postal #149
Leon
NICARAGUA

Director: Senor Ricardo Arguello

Phone: (505) 2311-7319 or 7286

Phone/Fax: (505) 2311-2220

E-mail: nicaragua@cptln.org

Skype: ricardo370

Ministry Established: 1999



Through authentic cross-cultural experiences, you will have the opportunity to share the message of Christ's love.

If you are interested in touching lives please call

Chris Myers @ 314-317-4268 or email christine.myers@lhm.org